



neighborsinc.

Some of the most popular items in the food shelf are everyday essentials such as laundry soap, diapers, feminine products and other personal care items. We are always in need of these items, and assembling packages is a quick and easy way to support Neighbors and to make a difference in your community. Each of the following items can be bought in bulk at discount stores and, on average, five volunteers can pack 50-100 packages in under 20 minutes.

Project Steps

1. Select a project that best fits your group size and ability.
2. Gather your materials. Bag sizes are listed on each project description and the label sheets are fitted to "Avery Template 5160".
3. Assemble packages following the attached directions. Complete the service log and attach it to your donation.
4. Drop off your donation at the Neighbors' lower level food shelf entrance.

Neighbors, Inc. is located at: 222 Grand Avenue W, South St. Paul, MN 55075



Date	Hours
Activity	

Volunteer Service Log

Thank you for volunteering today! Please provide the name of each volunteer who helped with this project below. We greatly appreciate your help!

Leaders Name (please print)	Mailing Address to Send the Thank You Note
Additional Volunteers (please print)	Additional Volunteers (please print)



Laundry Soap

Purpose

Having clean clothes is essential to being successful at school and work. Breaking down bulk detergent into smaller amounts allows us to provide several loads of detergent for each family that visits the food shelf. Your work helps make that happen!

Getting Started

- Gather Materials
- Place a sticker label on each plastic bag
- 5 pods per re-closeable bag, or enough powdered detergent to fill the bag while still allowing it to comfortably close
- Complete Volunteer Service Log

Materials Needed

- Bulk laundry detergent or Laundry Pods.
- Sandwich Size Re-Closeable Bags
- Laundry Soap sticker labels
- Volunteer Log

You can drop off your donation at Neighbor's lower level delivery doors outside of the food shelf. Please attach the volunteer service log to the outside of your donation. Our hours of operation are:
Monday – Friday 9:00 – 4:00.

Laundry Soap
Jabón de Lavar



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Feminine Products Kit

Purpose

Women experiencing financial insecurity often report that receiving feminine hygiene products is one of the most helpful things to receive in the food shelf. Being able to attend school or go to work with while having your period can be a challenge if you don't have supplies on hand. Your work is helping women in our community go about their daily business with less worry during their periods.

Getting Started

- Gather Materials.
- Fill each bag with 10 products of the same size, then carefully reseal.
- Complete the Volunteer Service Log.

Materials Needed

- Quart Size Re-Sealable Bags
- Feminine Hygiene Products
- Volunteer Service Log

You can drop off your donation at Neighbor's lower level delivery door outside of the food shelf. Please attach the volunteer service log to the outside of your donation. Hours of operation are Monday – Friday 9:00 – 4:00.



Diaper Kit Project

Purpose

We serve an average of 493 children per month (2020) and many are grateful for diapers. Your help in breaking down bulk packaging into smaller amounts ensures the youngest members of our community are being cared for.

Getting Started

- Gather Materials
- Write the size of the diapers with a permanent marker on the outside of the bag.
- Fill each bag with 10 diapers, then carefully reseal.
- Complete Volunteer Service Log.

Materials Needed

- Markers or Sticker Labels
- Gallon Size Re-Closeable Bags
- Diapers
- Volunteer Service Log

If you are purchasing diapers, the most needed sizes are: Sizes 4, 5 & 6 and Pull Ups

You can drop off your donation at Neighbor's lower level delivery door outside of the food shelf. Please attach the volunteer service log to the outside of your donation. Hours of operation are Monday – Friday 9:00 – 4:00.